

---

## CHAPTER three

---

# BACKFIELD FOOTWORK



**Chapter 8 : Buck Sweep Family**

**Chapter 9 : Belly & Down Family**

**Chapter 10 : Jet, Midline, Veer Family**

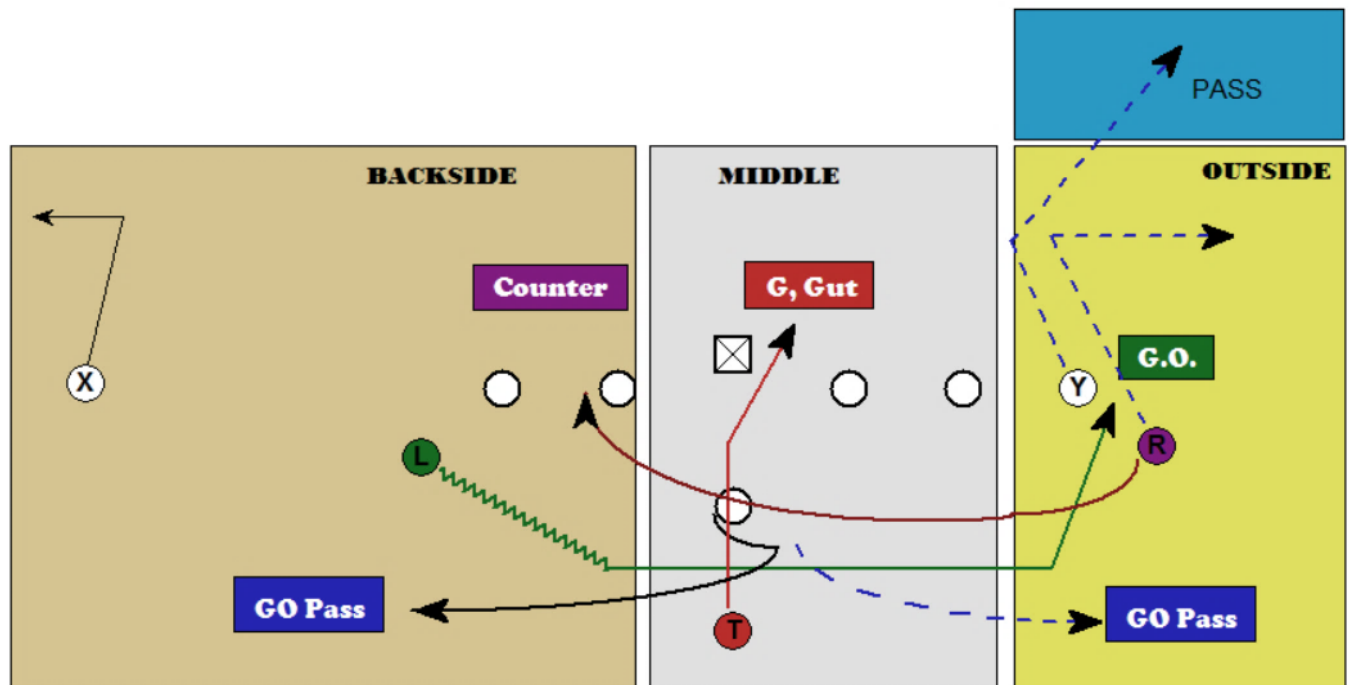
# Buck Sweep



In the BUCK or GO series the basic action in the backfield is the tailback diving for one side of the offensive center, with the wingback crossing the backfield and attacking the edge of the opposite side. The QB attacks the edge away from the direction that the halfback is attacking. To run this series, the fakes from the two backs not carrying the ball must be great enough to slow down the linebackers so that the offensive line can have time to block them.

This play attacks the defense across the whole field, with a sweeper, an inside trap, and a counter all coming off the same basic backfield and line action. The “Buck” in Delaware told the TB/FB to fake dive. The word “sweep” told the HalfBack to follow two pulling guards.

## BUCK SWEEP or GO FAMILY



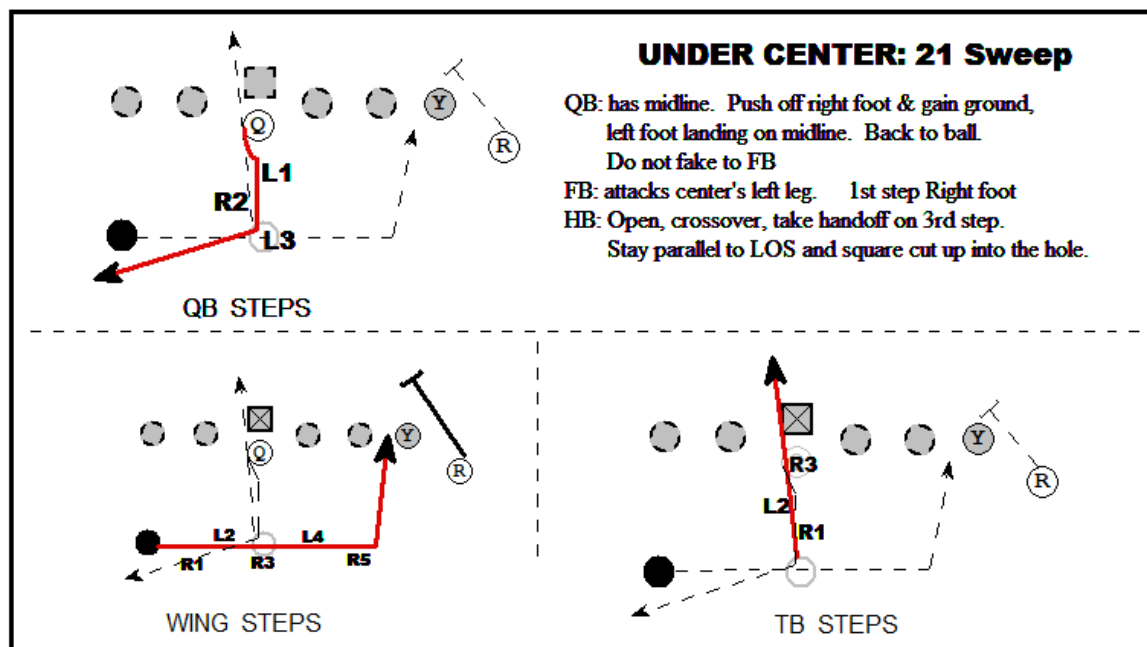
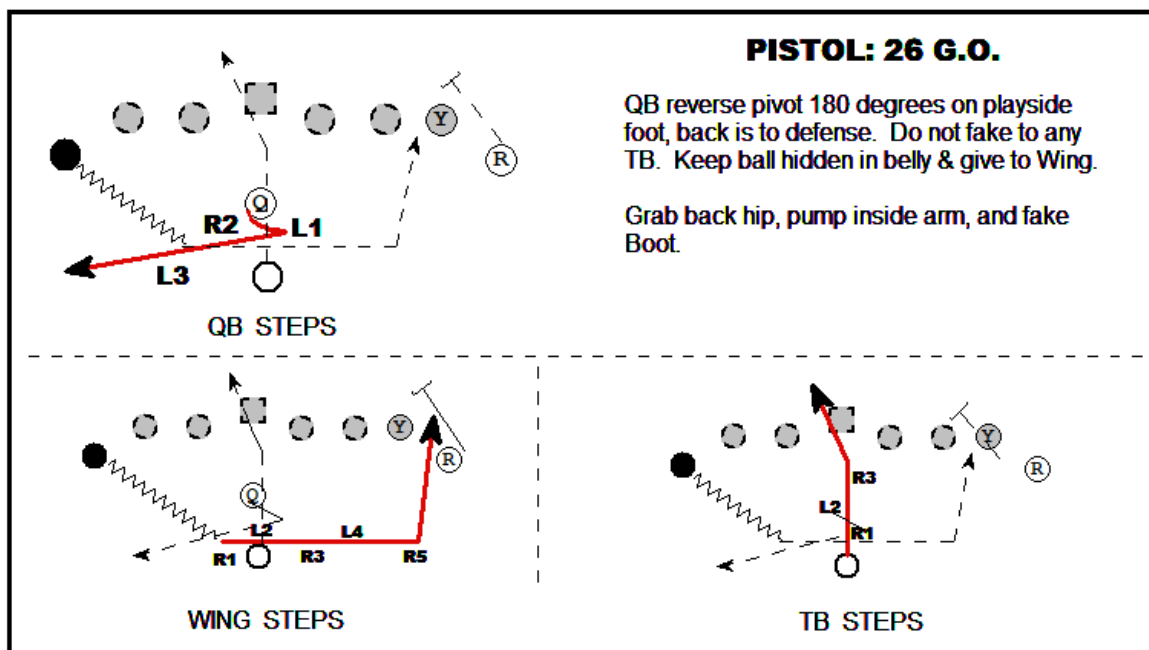
## 21 Sweep or 26 G.O.

The ball needs to be snapped when the WB is at the outside leg of the guard. The TB passes the QB first followed by the WB. The QB will hand the ball to the wing quickly, DO NOT show the defense his left hand after handing the ball off. He then boots away from the play to make the backside respect the waggle pass.

The ball carrier needs to take at least 2 more steps flat towards the sideline to sell Jet Sweep before square cutting up into the hole. DO NOT ROUND OFF! The wing will follow the backside guard through the hole, almost touching his back. The blocking right wing torpedo blocks the D-End, who should be squeezing down vs the Tight End down block.

In both formations, the TB has to pick up backside A-gap blitzes and center has playside A-gap. Versus traditional 1 and 3-tech shades, the center can block back vs the 1 if he is sure that there is no blitzers. The TB would fake right up the gut to occupy/block the backside ILB.

DIFFERENCE: Pistol QB will pivot off the midline with the foot closest to the hole turning his back to the defense. With both feet parallel, he stands there for 1-second. Under center QB takes 3 steps on the midline. Pistol TB has the midline, while under center FB veers off the midline.



## 24 Trap or 32 G

This play should initially look just like 21 Sweep/26 GO. The ball is to be snapped when the WB is at the outside leg of the guard. As the QB pivots off the midline, he quickly gives the ball to the TB/FB with his right hand, lets the Wing fake over the top of him, and then does his Waggle/Boot fake. The TB will pass the QB first followed by the WB passing after, exactly like the sweep.

Upon receiving the handoff, the TB veers to his right, looking for the block of the WB that did not motion. FIND THE WALL. TB footwork is straight down the line, left-right-left. Do not "bow" or "bend" around the QB. The fake by the Left Wing is swim with left, grab right hip, and pump the left arm.

DIFFERENCE: Pistol QB just turns and waits as both TB and Wing go by him. Under center QB takes two more steps to meet the faking wing. DEALING CARDS. The QB keeps his right elbow tight to his ribs when giving ball to TB and immediately pulls the empty right hand back into his belly button to make a cusp with his left hand. He does NOT fake to the Wing. He grabs his left hip and pumps his right arm on Waggle/Boot fake.

