

Football Playbook & Installation Manual

For the

YOUTH WING T Offense

Rick Stewart



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PREFACE

Coach Stewart is a high school football coach and has turned around three different schools, leading each team to the playoffs within his first two seasons at the helm. Since none of these schools **had any scholarship players on their roster**, Stewart's system gave his players a chance to be successful versus superior talent.

- ♦ McFarland, a small, agricultural school of 600 students with no weight room, had lost 21 games in a row. Stewart served as offensive coordinator and they went 8-2 with a playoff berth.
- ♦ Stewart left McFarland for 3 years and they went 3-26 during his absence. He returned as head coach to make the playoffs in Year 2. *(the Disney movie, "McFarland", starring Kevin Costner is the same town and school)*
- ♦ Broke 0-27 losing streak at Corcoran, a school with 900 students, winning an undefeated league title in Year 2;
- ♦ Porterville, a large, rural school of 2,000 students, won 40 games in 5 years, including back-to-back section runnerups at a that had won 8 games in the 5 years prior to his arrival.

With 27 years total high school experience, 12 as a head coach, Stewart has been to 2 CIF Section Finals, and his 12-0 team lost the CIF championship on a hail mary pass in the rain.

Stewart also has extensive experience at the youth level.

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A Message From Coach Stewart

Football is a game that can be very complex with its 22 moving parts while at the same time being so simple. This paradox of learning all of its interconnected layers while not forgetting the simplicity of its fundamentals makes coaching football a great challenge. The successful coaches all have one thing in common: single-mindedness. They have bought into something that they really believe in and became an expert at it.

"Name an offense or defensive scheme and I'll find a coach who went 10-0 running it

I have seen to many young coaches who have not yet decided which direction they want to go on offense, defense, or just general coaching philosophy. Experimentation is good, but it can be painful and I have seen programs crumble or at the very least have stunted growth while the head coach is searching for a single, sound concept. I encourage shopping around—calling, writing, and visiting coaches you admire. Investigate all aspects

of their attacks. Talk it over with your coaches and mentors, think it through. But once you decide, lock on and stick with it through the rough waters that definitely will come as your entire program is learning it.

In my experience, the biggest tests will come from within the inner circle of your program from people who believe they have the program in their best interest. These are people that you trust and they are not intentionally being disloyal, but they were not with you at every step as you formed your vision. You need to have a “contagious” confidence that comes from knowing you have a sound product. The hidden fears of uncertainty will be diminished by the knowledge that is gained by your staff and players as you shape and develop it.

It is OK to add your personal touch in many area, in fact it is imperative that you take ownership and make it your own. The head coach must remain true to himself and not try to be someone or something that he is not. The following statement is true in all areas of life, not just football: “Be Yourself, not your idea of what you think somebody else's idea of yourself should be.”

As you take in all of our X's and O's, our techniques, and drills...please remember the most important job that you have as coach: To teach your players to be better sons, husbands, and fathers.

It's never an easy decision to change offenses or go away from your Wing-T roots. This playbook is not only written in great detail to make *YOUR* learning easier, it comes with a CD-Rom with powerpoints and handouts to make teaching your *PROGRAM* effortless. Finally, as the many testimonials attest, I am always available to answer your questions.

Rick Stewart, March, 2015

WHY PISTOL WING-T ?

Merging the fast tempo & deception of the Under Center Wing-T offense with the slick read options out of the Pistol formation, Stewart's Pistol Wing-T offense is an up tempo, multiple formation offense that's primary purpose is to put defender's in conflict.

"The 3 yd alignment is a "happy medium" between under center (allowing TB to hit the LOS the quickest) and the 5 yd alignment (giving QB most time to make his reads)."

Whether snapping the ball within 3 seconds after breaking the huddle or not huddling at all, this fast pace offense does not allow 17-year old defenders to line up properly or make adjustments. Run every play out of MANY different formations, making the defense think that a play like BELLY is actually 8 different plays!!!

"Do Everything Really Fast and Confuse the Defense"

The Pistol Wing-T offense has evolved into an extremely effective system that does not have to change from year to year as different types of athletes come through your program.

The unique terminology makes it very easy for players to learn as Stewart draws upon 16 years of teaching special ed students and English Language Learners.

THE PISTOL FORMATION moves the QB back 3 yards and the FB stays behind him.

- ◆ BACKFIELD STEPS ARE THE SAME as traditional Wing-T.
- ◆ EASIER TO PASS as QB can read defense
- ◆ RUN or PASS PRE-SNAP READS
This playbook expands on our "combo play" concepts, which have perimeter pass plays built into running plays. The QB makes simple audibles after scanning the defense.
- ◆ POST SNAP READS. This playbook is full of scenarios where the QB reads unblocked defenders, always being a threat to run the ball.

As you can see, this offense puts so much pressure on the defense by using lots of formations, lining up before the defense can make their calls, and making the QB A THREAT on every play.

I offer you my personal guarantee: If you don't achieve your ambitions as an Independent Self-Published Author within six months, please e-mail me and I will personally refund your money. You'll find my contact details at the end of the book.