

SECTION FIVE

APPENDIX



Blocking Rule Summary

Playsheets & Wristbands

Player Evaluations

Scouting Sheets

BLOCKING RULES SUMMARY

PLAY	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	TIGHT END
Liz 28-0	Gap Highway	Gap Highway	Reach-On-LB	Pull around RW block & find ILB	Reach-On-LB	Reach-On-LB
Liz Sweep Right Liz 28 Reach	Gap Highway	Gap Highway	Reach-On-LB	Reach-On-LB	Reach-On-LB	Reach-On-LB
Liz 30 On Dive Middle	Gap-On-LB	Gap-On-LB	Gap-On-LB	Gap-On-LB	Gap-On-LB	Gap-On-LB
Rip 31 G	Linebacker	Gap-NG-LB	OWL	Pull & Kick	Pull Check	Linebacker
Rip G Right	Pull Check	Pull & Kick	OWL	Gap-NG-LB	Linebacker	Linebacker
Boot Pass Right	Reach Right	Reach Right	Reach Right	Reach Right	Reach Right	ROUTE
33 Belly Left	On-Gap-Away	On-Gap-LB	OWL	Reach-On-Away	Reach-On-Away	Linebacker
Belly 47 G	Reach-On-LB	Reach-On-LB	Reach-On-LB	Pull to sideline	GOAL	Reach-On-LB
Belly Sweep Left	Reach-On-LB	Reach-On-LB	Reach-On-LB	Reach-On-LB	Reach-On-LB	Reach-On-LB
24 Trap	Pull Right & Kick	On-aWay-LB	On-Away-Reach	On-Gap-NG-LB	Linebacker	Linebacker
Belly G Right	Pull Check	Pull Rt & Kick	On-Away-Reach	On-Gap-NG-LB	Linebacker	Linebacker
B. Counter Right	OWL	OWL	On-Away-Reach	On-Gap-LB	On-Gap-Away	Linebacker
Belly Pass Left	GOO	GOO	Gap-On-Reach	Gap-On-Reach	Gap-On-Reach	Route
Down 36-0	Reach-On-LB	Reach-On-LB	OWL	Pull & Kick	GOAL	GOAL
Down Right	Reach-On-LB	Reach-On-LB	OWL	GOAL	GOAL	GOAL
Down 45 TY	Gap-Down-LB	On-Gap-NG-LB	On-Away-Reach	On-Away-Reach	Pull & Kick out	Pull Up In Hole
Down Counter Lt	On-Gap-Away	On-Gap-LB	On-aWay-Reach	OWL	OWL	Linebacker
Down Pass Right	Gap-On-Reach	Gap-On-Reach	Gap-On-Reach	GOO	GOO	route
Wraparound	Step & cup Block 1st to cross face or go get LB	Step & cup Block 1st to cross face or go get LB	On-Gap-Away	Gap-Down-On	Gap-Down-On	10 yd out
Tubby	GOD	GOD	GOAL	GOAL	GOD	GOD
Chop Pass	Gap-On-Away	Gap-On-Away	On-Gap-Away	Gap-On-Away	Gap-On-Away	route
Sprint Pass Right	Step Rt-Butt Rt	Step Rt-Butt Rt	Step Rt-Butt Rt	Step Rt-Butt Rt	Step Rt-Butt Rt	Route
Sprint Pass Left	Step Lt-Butt Lt	Step Lt-Butt Lt	Step Lt-Butt Lt	Step Lt-Butt Lt	Step Lt-Butt Lt	route

GOD: Gap-On-Down

GOAL: Gap-On-Away-LB

GOO: Gap-On-Out

OWL: On-aWay-LB

SECTION FIVE: Appendix

FORMATION	BELLY	COUNTER	SWEEP	PASS
	say Rip 33 Belly	2 Rip B. 24 Trap	say Belly 47 G	say Rip 33 Bel
Tight	say Rip 33 Belly	4 Rip B. 24 Trap	say Belly 47 G	55 Rip 33 Bel
X-Over	1 Rip 33 Belly		17 Belly 47 G	
X-Tight		6 Rip B. 24 Trap		WHEEL
Over Doubles	3 Rip 33 Belly		19 Belly 47 G	
Doubles		8 Rip B. 24 Trap		
Title Halve Lt	7 33 Belly	40 Halve Lt B. 24 Trap		
Lucky	say 33 Belly	10 Belly 24 Trap		say 33 Belly P
Tight Lucky	5 33 Belly	12 Belly 24 Trap	21 X-Over Ringo B. Sweep Lt	

FORMATION	DOWN	COUNTER	DOWN PASS
Tight	18 Liz Down 36 O	43 Liz Dwn 45 TY	28 Liz 36 Down Pass
X-Tight	20 Liz Down 36 O	9 The Criss Cross Down 45 TY	
Tight Ringo	22 Down 36 O	45 Down 45 TY	30 36 Down Pass
Tubby	24 Liz Down 36 O	47 Liz Dwn 45 TY	32 Liz 36 Down Pass
Tubby Ram	26 Down 36 O	49 Down 45 TY	34 36 Down Pass

FORMATION	SWEEP LEFT	DIVE	BOOT PASS
	say Rip 47 Reach	say Rip 30 On	say Rip Boot Pass Right
Over	25 Rip 47 Reach	say Rip 30 On	62 Rip Boot Pass Right
X-Over	27 Rip 47 Reach	37 Rip 30 On	
Over Doubles	31 Rip 47 Reach	39 Rip 30 On	
Empty	29 Rip 47 Reach	41 Halve Left QB On	60 Boot Pass Right
Over Halve Rt	63 Rip 47 Reach		42 Rip Boot Pass Right
Student Body	NEAR Rip 47 Reach		

FORMATION	SWEEP RIGHT	DIVE	BOOT PASS
	say Liz 28 Reach	say Liz 31 G	say Liz Boot Pass Left
Tight	say Liz 28 Reach	say Liz 31 G	61 Liz Boot Pass Left
X-Tight	52 Liz 28 Reach	44 Liz 31 G	
Doubles	56 Liz 28 Reach	38 Liz 11 G	
Title Halve Lt	46 Liz 28 Reach	57 Liz 31 G	
Empty	54 Liz 28 Reach	59 Liz 11 G	15 Liz Boot Pass Left
Tubby	58 Liz 28 Reach		23 Liz Boot Pass Left

TRICK PLAYS	SHORT YARDAGE
14 Tight Rip X Reverse Right [pass]	say Elyv Toss Left
16 Over Liz Sweep Pass Right	36 Tubby On Right
11 Over Liz Y Reverse Left	24 Tubby Liz Down 36 O
79 Over Doubles Chop Double Pass	50 Tubby Ram Lead Right
13 Title Halv Lt Chop Double Pass TE	64 Tubby Ram Down 36 O
48 Over Rip Fake Belly Y Reverse Right	65 Tubby Boot Pass Left

SCRIPT	KEYS	LOOK FOR	GO FOR TWO
3 The Rip Belly Left	DE=keep/sweep; LLB for Ch	Line up on TE? Slant motion	1 4 5 12 15 1
20 X-Tight Liz Down Right	DE=keep/sweep; LLB for Ch	Line up on TE? Slant motion	
65 Liz Chop X Slant	F/S line up?	Line up no TE? Adjust to motion	6 11 12 16 19 9
54 Tight Ringo Sweep Right	Backside for Boot		
25 Over Rip Sweep Left	Backside for Boot		
69 Liz Chop Swing Pass	Pump & Go the CB? Do LB fly with motion?	TE on left? Adjust to motion	
51 Over Liz Wraparound	Do LB fly with motion?	Can RW hook the DE? LG & LT blocks	

FORMATION	CHOP PASS	LEFT SIDELINE	CHOP PASS	RIGHT SIDELINE
	say	Liz Chop X Slant	say	Rip Chop X Slant
Tight	67	Liz Chop X Fade	76	Over
	say	Chop Arrow Pass	70	Rip Chop X Fade
Over Doubles	81	Rip Chop Swing Pass	say	Rip Chop Y Slant
Slack	69	Chop Quick Pass	80	Liz Chop Swing Pass
	71	Chop Quick Pass	78	Chop Quick Pass
		Chop Swing Pass	68	Rip Chop Y Fade
				Chop Swing Pass

FORMATION	RIP SPRINT PASS LEFT	HALVES LEFT SPRINT PASS LEFT	HALVES RT SPRINT PASS RIGHT	TIGHT HALVES RT SPRINT PASS RIGHT	OVER HALV LT LIZ SPRINT PASS RIGHT Y STREAK
	75	83	72	82	86

FORMATION	WRAPAROUND	BELLY PASS
	73 Doubles Liz Wraparound	53 Rip 33 Belly Pass
	51 Over Liz Wraparound	55 Tight Rip 33 Belly Pass
	33 Halve Right Wraparound	57 Lucky 33 Belly Pass
	35 Over Liz Wrap TE Screen	88 Rip Belly Boot Pass Right
		87 Tight Rip 24-33 Belly Pass
		85 Tight Rip 33 Belly Pass Wheel

KICKOFF	KO RETURN	PUNT	PUNT RETURN
K-Jimmy	R-Jimmy		R-Jimmy
L1-Johnny	R-Willy		B-Johnny
L2-Billy	F1-Johnny		B-Billy
L3-Joey	F2-Billy		B-Joey
L4-Javier	F3-Joey		K-
L5-Bob	F4-Javier		K-
	F5-Bob		K-
			RT-
			RG-
			C-
			LG-
			LT-

SECTION FIVE: Appendix

SCRIPT 1st & 2nd DOWN		RED ZONE (20-10)		GOAL LINE (10-5)		FIRST HALF SUCCESS		HALFTIME ADJUSTMENTS		WHO'S HOT	
1	1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2	2
1	1	3	3	3	3	3	3	3	3	3	3
2	2	4	4	4	4	4	4	4	4	4	4
1	1	5	5	5	5	5	5	5	5	5	5
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SENIOR WRISTBAND

1	X-Over Rip 33 Belly	17	X-Over Belly 47 G
2	Rip Belly 24 Trap	18	Tight Liz Down 36 "O"
3	Over Doubles Rip 33 Belly	19	Over Doubles Belly 47 G
4	Tight Rip Belly 24 Trap	20	X-Tight Liz Down 36 "O"
5	Tight Lucky 33 Belly	21	X-Over Ringo Belly 47 G
6	X-Tight Rip Belly 24 Trap	22	Tight Ringo Down 36 "O"
7	Tight Halve Left 33 Belly	23	Empty Liz Boot Pass Left
8	Doubles Rip Belly 24 Trap	24	Tubby Liz Down 36 "O"
9	Tight Criss Cross Down 45 TY	25	Over Rip 47 Reach
10	Lucky Belly 24 Trap	26	Tubby Ram Down 36 "O"
11	Over Liz Y Reverse Left	27	X-Over Rip 47 Reach
12	Tight Lucky Belly 24 Trap	28	Tight Liz 36 Down Pass
13	Tite Halv Lt Chop Dble Pass TE	29	Empty Rip 47 Reach
14	Tight Rip X Reverse Right	30	Tight Ringo 36 Down Pass
15	Tight Halv Left Liz Boot Pass Lt	31	Over Doubles Rip 47 Reach
16	Over Liz Sweep Pass Right	32	Tubby Liz 36 Down Pass

33	Halves Right Liz Wraparound	49	Tubby Ram Down 45 TY
34	Tubby Ram 36 Down Pass	50	Tubby Ram Lead Right
35	Over Liz Wrap TE Screen	51	Over Liz Wraparound
36	Tubby On Right	52	X-Tight Liz 28 Reach
37	X-Over Rip 30 On	53	
38	Doubles Liz 11 G	54	Empty Liz 28 Reach
39	Over Doubles Rip 30 On	55	Tight Rip 33 Belly Pass
40	Halve left Belly 24 Trap	56	Doubles Liz 28 Reach
41	Halves Left QB On	57	Tite Halve Left Liz 31 G
42	Ovr Halv Left Rip Boot Pass Rt	58	Tubby Liz 28 Reach
43	Tight Liz Down 45 TY	59	Empty Liz 11 G
44	X-Tight Liz 31 G	60	Empty Boot Pass Rt
45	Tight Ringo Down 45 TY	61	Tight Liz Boot Pass Left
46	Tight Halve Left Liz 28 Reach	62	Over Rip Boot Pass Right
47	Tubby Liz Down 45 TY	63	Over Halv Left Rip 47 Reach
48	Ovr Rip Fake Belly Y Revers Rt	64	Tubby Ram Down 36 O

65	Tubby Boot Pass Left	81	Over Doubles Chop Quik Pass
66	Rip Chop Y Slant	82	Halves Rt Sprint Pass Right
67	Tight Liz Chop X Fade	83	Ovr Halv Lt Sprint Pass Left
68	Halve Rt Chop Swing Pass	84	Tite Halv Lt Sprint Pass Rt
69	Stack Chop Quick Pass	85	Tite Rip 33 Belly Pass Wheel
70	Rip Chop Y Slant	86	
71	Halves Left Chop Swing Pass	87	Tight Rip 24-33 Belly Pass
72	Liz Sprint Pass Right	88	Rip Belly Boot Pass Right
73	Doubles Liz Wraparound	89	
74	Over Rip Chop X Slant	90	
75	Rip Sprint Pass Left	91	
76	Over Rip Chop X Fade	92	
77	Halves Left Sprint Pass Left	93	
78	Rip Chop Y Fade	94	
79	Ovr Double Chop Double Pass	95	
80	Doubles Chop Quick Pass	96	

YOUTH PISTOL WING T FORMATIONS

X & Y WORDS	
No Call	WR on both sides of formation; No TE;
Tight	TE right; X on the left;
X-Tight	TE right; X on the right
Over	TE left; X on the right
X-Over	TE left; X on the left
Doubles	TE & X on the right side, next to each other as Wide outs
Over Doubles	TE & X on the left side, next to each other as Wide outs

WB WORDS	
Lucky	Left Wing in 2x1 off LT; Right Wing heels at 4 behind RT
Ringo	Left Wing heels at 4 behind LT; Right Wing in 2x1 off RT
Halves Right	LW in 2x1 off LT; RW between LW and the X; 2yds off LOS ("trips left")
Halves Left	RW in 2x1 off LT; LW between RW and the Y; 2yds off LOS ("trips right")
Stack	Both Wings stacked directly behind the X
Ram	Both Wings on the right side of QB; RW in 2x1 & LW even with TB

LINEMEN	
Tubby	Both Tackles & TE on the right side; X is in LT spot

COMBO	
Empty	X & Y flexed out as WR; Wings in 2x1; TB on left between LW & X off LOS
Wildcat	Same as Empty, but TB is lined up as QB and QB is on the left
Student Body	RW is only player on right side of ball. LOS goes C-RT-RG-LG-LT-TE on left side of ball X flexed out as WR on left; LW is 2x1 off TE; TB lined up behind LT

Example Combinations			
No Call	Lucky	Doubles	Lucky
No Call	Ringo	Doubles	Ringo
No Call	Halves Left	Doubles	Halves Left
No Call	Halves Right	Doubles	Halves Right
No Call	Stack	Doubles	Stack
No Call	Ram	Doubles	Ram

Tight	Lucky	Over Doubles	Lucky
Tight	Ringo	Over Doubles	Ringo
Tight	Halves Left	Over Doubles	Halves Left
Tight	Halves Right	Over Doubles	Halves Right
Tight	Stack	Over Doubles	Stack
Tight	Ram	Over Doubles	Ram

X-Tight	Lucky	Tubby	Lucky
X-Tight	Ringo	Tubby	Ringo
X-Tight	Halves Left	Tubby	Halves Left
X-Tight	Halves Right	Tubby	Halves Right
X-Tight	Stack	Tubby	Stack
X-Tight	Ram	Tubby	Ram

Over	Lucky	X-Over	Lucky
Over	Ringo	X-Over	Ringo
Over	Halves Left	X-Over	Halves Left
Over	Halves Right	X-Over	Halves Right
Over	Stack	X-Over	Stack
Over	Ram	X-Over	Ram

The YOUTH PISTOL WING T PLAYBOOK has formations, every play with blocking vs every defense; Practice Plans, & all drills needed in practice are drawn up and is for sale for \$30 at

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YOUTH PISTOL WING T

SWEEP FAMILIES

SWEEP LEFT FAMILY

Peewee	Juniors
Rip Sweep Lt	Rip Sweep Lt
Over Rip Sweep Lt	Over Rip Sweep Lt
X-Over Rip Sweep Lt	X-Over Rip Sweep Lt
Over Lucky Sweep Lt	Over Lucky Sweep Rt
"Near" = offset TB lead block	Ovr Doubles Rip Sweep Lt
	"Near" = offset TB lead block
Rip Dive Middle	Rip Dive Middle
Over Rip Dive Middle	Over Rip Dive Middle
X-Over Rip Dive Middle	X-Over Rip Dive Middle
Over Rip QB Middle	Over Rip QB Middle
	Ovr Doubles Rip QB Middle
Rip Boot Rt	Rip Boot Rt
Over Rip Boot Rt	Over Rip Boot Rt
Over Lucky Boot Rt	Over Lucky Boot Rt

SWEEP RIGHT FAMILY

Seniors	Peewee	Juniors	Seniors
Rip 47-O or Reach	Liz Sweep Rt	Liz Sweep Rt	Liz 28-O or Reach
Over Rip 47-O or Reach	Tight Liz Sweep Rt	Tight Liz Sweep Rt	Tight Liz 28-O or Reach
X-Over Rip 47-O or Reach	X-Tight Liz Sweep Rt	X-Tight Liz Sweep Rt	X-Tight Liz 28-O or Reach
Ovr Doubles Rip 47-O or Reach	Tight Ringo Sweep Rt	Tight Ringo Sweep Rt	Doubles Liz 28-O or Reach
Empty Rip 47-O or Reach	"Near" = offset TB lead block	Doubles Liz Sweep Rt	Tubby Liz 28-O or Reach
Ovr Halv Rt Near Rip 47 Reach		Tubby Liz Sweep Rt	Empty Liz 28-O or Reach
Student Body Left Rip 47 Reach		"Near" = offset TB lead block	Tite Halv Lt Near Liz 28 Reach
Rip=Handoff; Rocket=pitch			
"Near" = offset TB lead block	Liz Dive Middle	Liz G Left	Liz=handoff; Lazer=pitch
	Liz Dive Middle	Tight Liz G Left	"Near" = offset TB lead block
	X-Tight Liz Dive Middle	X-Tight Liz G Left	Liz 30 On
	Tight Liz QB Middle	Tight Liz QB Middle	X-Tight Liz 30 On
		Doubles Liz QB Middle	Doubles Liz 10 On
		Empty Liz QB On	Empty Liz 10 On
	Halves Lt QB On	Halves Lt	Halves Lt Liz 30 On
	Rip Boot Rt	Liz Boot Lft	Liz Boot Lt
	Over Rip Boot Rt	Tight Liz Boot Lft	Tight Liz Boot Lt
	Empty Rip Boot Rt	Tight Ringo Boot Lft	Empty Liz Boot Lt
	Ovr Halv Rt Rip Boot Rt		Tite Halv Lt Liz Boot Lt

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YOUTH PISTOL WING T

BELLY & DOWN FAMILIES

BELLY FAMILY

PeelWee	Juniors	Seniors
Rip Belly Left	Rip Belly Left	Rip 33 Belly
Tight Rip Belly Left	Rip Belly Left	Tight Rip 33 Belly
X-Over Rip Belly Left	Rip Belly Left	X-Over Rip 33 Belly
Lucky Belly Left	Lucky Belly Left	Lucky 33 Belly
Tight Lucky Belly Left	Lucky Belly Left	Tight Lucky 33 Belly
X-Over Lucky Belly Left	Lucky Belly Left	X-Over Lucky 33 Belly
QB keep behind Rip block	Ovr Doubles Rip Belly Left	Ovr Doubles Rip 33 Belly
	QB keep behind Rip block	Tite Halve Lt 33 Belly
		QB keep behind Rip block
		"Read"---QB read DE to keep
Rip Belly Counter Rt	Rip Belly G Right	Rip Belly 24 Trap
Tight Rip Belly Counter Rt	Tight Rip Belly G Right	Tight Rip Belly 24 Trap
X-Tight Rip Belly Ctr Rt	X-Tight Rip Belly G Rt	X-Tight Rip Belly 24 Trap
Lucky Belly Counter Rt	Lucky Belly G Right	Lucky Belly 24 Trap
Tight Lucky Belly Ctr Rt	Tight Lucky Belly G Right	Tight Lucky Belly 24 Trap
	Doubles Rip Belly G Right	Doubles Rip Belly 24 Trap
		Halves Left Belly 24 Trap
Belly Sweep Lt	Belly Sweep Lt	Belly 47 G
Tight Belly Sweep Lt	Belly Sweep Lt	Tight Belly 47 G
X-Ovr Belly Sweep Lt	X-Ovr Belly Sweep Lt	X-Over Belly 47 G
Ringo Belly Sweep Lt	X-Ovr Ringo Billy Sweep Lt	X-Ovr Ringo Belly 47 G
	Ovr Doubles Belly Sweep Lt	Ovr Doubles Belly 47 G
Rip Belly Pass Left	Rip Belly Pass Left	
Tight Rip Belly Pass Left	Rip Belly Pass Left	
Lucky Belly Pass Left	Belly Pass Left	

DOWN FAMILY

PeelWee	Juniors	Seniors
Tight Liz Down Rt	Tight Liz Down Rt	Tight Liz Down 36 "O"
X-Tight Liz Down Rt	X-Tight Liz Down Rt	X-Tight Liz Down 36 "O"
Tight Ringo Down Rt	Tight Ringo Down Rt	Tight Ringo Down 36 "O"
QB keep behind Liz block	Tubby Liz Down Rt	Tubby Liz Down 36 "O"
	Tubby Ringo Down Rt	Tubby Ram Down
	QB keep behind Liz block	
		QB keep behind Liz block
		"Read"---QB read DE to keep
Tite Liz Down Counter Lt	Tite Liz Down G Left	Tite Liz Down 45 TY
Tite Ringo Down Ctr Lt	Tite Ringo Down G Left	Tite Ringo Down 45 TY
	Tite Criss Cross Dwn G Left	Tite Criss Cross Down 45 TY
	Tubby Liz G Left	Tubby Liz Down 45 TY
	Tubby Ringo G Left	Tubby Ram Down 45 TY
Tight Liz Dwn Pass Rt	Tight Liz Dwn Pass Rt	Tight Liz 36 Down Pass
Tight Ringo Dwn Pass Rt	Tight Ringo Dwn Pass Rt	Tite Ringo 36 Dwn Pass
	Tubby Liz Dwn Pass Rt	Tubby Liz 36 Down Pass
		"SWITCH" routes
		"Y CROSS" sends Y to weak flats
Rip 33 Belly Pass	Rip 33 Belly Pass	
Rip 33 Belly Pass Wheel	Rip 33 Belly Boot Pass Rt	
Tite Rip Belly Trap Pass Lt	Tite Rip Belly Trap Pass Lt	
Tight Rip 33 Belly Pass	Tight Rip 33 Belly Pass	
Tight Rip 33 Billy P. Wheel	Tight Rip 33 Billy P. Wheel	



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YOUTH PISTOL WING T

PASSING GAME & TRICK PLAYS

CHOP PASS

Peewee	Juniors	Seniors
Liz Chop X Slant	Liz Chop X Slant	Liz Chop X Slant
Over Rip Chop X Slant	Over Rip Chop X Slant	Over Rip Chop X Slant
Rip Chop Y Slant	Rip Chop Y Slant	Rip Chop Y Slant
Over Rip chop X Fade	Over Rip chop X Fade	Over Rip chop X Fade
Tight Liz Chop X Fade	Tight Liz Chop X Fade	Tight Liz Chop X Fade
Liz Chop Swing Pass	Liz Chop Swing Pass	Liz Chop Swing Pass
Rip Chop Swing Pass	Rip Chop Swing Pass	Rip Chop Swing Pass
	Doubles Chop Quik Pass	Doubles Chop Quik Pass
	Ovr Doubles Chop Quik Pass	Ovr Doubles Chop Quik Pass
	Halve Left Chop Swing Pass	Halve Left Chop Swing Pass
	Halve Right Chop Swing Pass	Halve Right Chop Swing Pass
	Stack Left Chop Quick Pass	Stack Left Chop Quick Pass
		Chop Arrow Pass

TRICK PLAYS

Peewee	Juniors	Seniors
Tite Rip X Reverse Rt	Tite Rip X Reverse Rt	Tite Rip X Reverse Rt
	Tite Rip X Rev Rt Pass	Tite Rip X Rev Rt Pass
Over Liz Sweep Pass Rt	Over Liz Sweep Rt Pass	Over Liz Sweep Rt Pass
	Ovr Double Chop Double Pass	Ovr Double Chop Double Pass
	Halve Lt Chop Double Pass	Halve Lt Chop Double Pass
	Tite Halve L Chop Dbl P. TE	Tite Halve L Chop Dbl P. TE
	Student Body Left Rip 47 Reach	Student Body Left Rip 47 Reach
	Ovr Rip Fake Belly Y Rev Right	Ovr Rip Fake Belly Y Rev Right

SPRINT LEFT PASS

Peewee	Juniors	Seniors
	Rip Sprint Left Pass	Rip Sprint Left Pass
	Halv Lt Sprint Lt Pass	Halv Lt Sprint Lt Pass
		Ovr Halv Lt Sprint Lt Pass

SPRINT RIGHT PASS

Peewee	Juniors	Seniors
Liz Sprint Right Pass	Liz Sprint Right Pass	Liz Sprint Right Pass
	Halv Rt Sprint Rt Pass	Halv Rt Sprint Rt Pass
		Tite Halv Rt Sprint Rt Pass
		Ovr Halv Lt Liz Sprint Right Pass Y Streak

WRAPAROUND

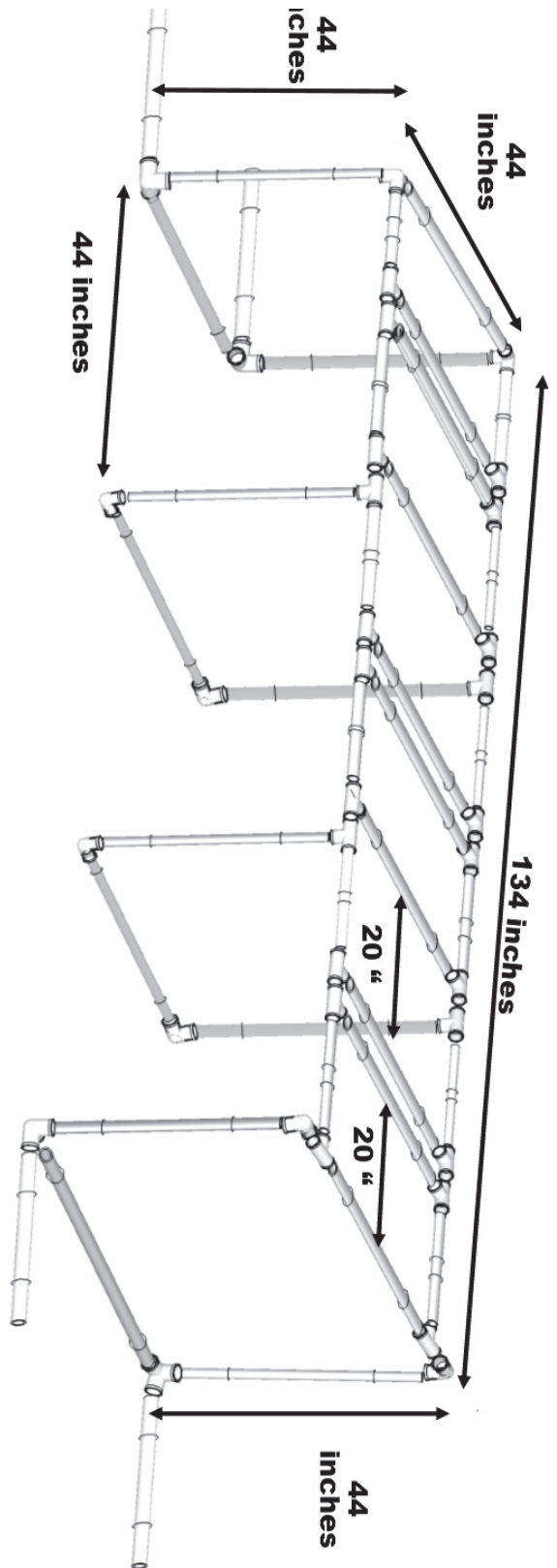
Peewee	Juniors	Seniors
Over Liz Wraparound	Over Liz Wraparound	Over Liz Wraparound
	Double Liz Wraparound	Double Liz Wraparound
		Halv Right Wraparound
		Over Liz Wrap TE Screen

SHORT YARDAGE

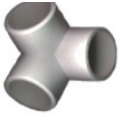
Peewee	Juniors	Seniors
Elly Toss Left	Elly Toss Left	Elly Toss Left
	Tubby On Right	Tubby On Right
	Tubby Liz Down Right	Tubby Ram Lead Right
		Tubby Liz Down 36 "O"
		Tubby Ram Down 36 "O"
		Tubby Boot Pass Left

SECTION FIVE: Appendix

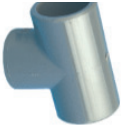
OFFENSE							
TALK	5:55	5"					Bags Out Coach Smith
SPECIAL TEAMS	6:00	10"					
PERFECT PLAYS	6:10	10"					
			<i>Coach Landry</i>	<i>Coach Shula</i>	<i>Coach Stewart</i>	<i>Coach Lombardi</i>	<i>Coach Walsh</i>
INDIV	6:20	10"	C & G	T / TE	RB	QB	WR
		5					
		5					
1/2 LINE	6:30	10"					
PASS	6:40	10"					
TEAM	6:50	10"					
WATER							
DEFENSE							
TACKLE	7:10	15"					
			<i>Coach Madden</i>	<i>Coach Ditka</i>	<i>Coach Noll</i>	<i>Coach Belichick</i>	
INDIV	7:25	10"	CB & S	ENDS	ILB	DL	
		5					
		5					
GROUP	7:35	10"					
PURSUIT	7:50	10"					Bags In Coach Jones
COACHES MESSAGE							



Eight - 1 1/4" PVC 90 degree elbows



Four - 1 1/4" PVC 3-way elbows



Twenty Four - 1 1/4" PVC Tees

300 feet of 1 1/4 inch PVC pipe

Program Philosophy & Overview

Mission Statement

Build Champions For Life that will be better parents and community leaders.

MOTTO: Better Today, Not As Good As Tomorrow.

I strongly believe that athletics is an extension of the classroom. Student athletes can obtain positive educational benefits from athletics such as: responsibility, self-discipline, sportsmanship, teamwork, integrity, work ethic, and personal sacrifice for the good of others and the team. The ultimate goal is for our players to take these lessons into life and use them to have a fulfilling life.

My belief is centered on the approach that success comes through hard work, so it becomes critical that we define what constitutes success. While establishing how we are going to measure our success, I further believe that high expectations must be set. The responsibility of teachers and coaches is then to give them the tools in order for them to succeed. Establishing a sense of pride is the primary step for their success. Once a sense of pride is established, tradition and loyalty fall in line. These three factors are the driving force behind any successful athletic program.

SUCCESS:

John Wooden's definition of success is having the "...peace of mind which is a direct result of self-satisfaction in knowing you did your best to become the best that you are capable of becoming." We will abbreviate this definition with his "Chin UP" maxim, which basically states that if we did our best we can walk off the field with our "Chin UP". Guided by this foundation of effort, our players will come up with their own definitions of success. Their definitions will start with winning but evolve into an understanding that winning is a by-product of being totally prepared. From this broad definition, the team will then start establishing goals that are measurable and begin in the off-season.

Winning is not a Goal, it is a By-Product

PRIDE:

I use my service in the United States Marine Corps here by establishing an *esprit de corps* mentality. Players will realize that football is a tough sport that is not for everybody. They must realize that they are special and they must band together because there are only 60 players out of 700 students. We will be "Looking For A Few Good Men" with the signature motto: *Semper Fidelis*, Always Faithful. We want to set ourselves apart from the ordinary - To set the standard.

Pride not only begins with the players, but in the community. People long for something or someone to rally behind and support. As coaches in one of the most visible sports in school, we must go to the community and ask for their help in supporting the things that we are trying to do. Friendships and contacts must be made and the football team must become the “community’s” team.

TRADITION:

Tradition is developed through hard work. Striving to educate our athletes that what they do now will be a part of who they become, is a tremendous responsibility for all coaches. If student athletes set high goals and expectations, and work hard to accomplish them, they will leave a lasting legacy behind them, as well as prepare themselves for future challenges. The younger students will naturally look up to them and strive to achieve beyond their predecessors.

LOYALTY:

Loyalty is accomplished by having a positive and successful athletic experience. When athletes know that their coaches truly care about them, the loyalty creates a wonderful cycle of continued success. We want the players that have gone through the program to feel that they want to give something back. We as coaches need to show genuine concern for those students who have given of their time and efforts in the program. It can be as simple as a handshake, a pat on the back or a phone call to a prospective employer. Once students know you are genuinely concerned about them, they will do anything within their power to pay back what they have received.

The Total Athlete

There is no room in any high school for athletes to concentrate on one sport. As coaches we need to encourage our athletes to participate in a variety of sports. Any kind of competition is good for athletes. This cross sport participation will only strengthen our overall athletic program. It is also vital for our coaches to support other sports and make an effort to attend as many other school events as possible.

Practice Philosophy

We will be a physical, relentless football team. Our team will be known as the hardest hitting and hardest working team in the league. Our practice sessions will be tougher than our games and we will prepare the athlete for every possible situation they might encounter in the course of a game. Some basic guidelines is to minimize the number of players standing during practice, perform every drill at game speed, and follow the “race horse philosophy” of performing as many reps possible in the allotted time. Our teaching progression will be whole, part, whole: “Talk it, See it, Rep it, Run it”.

Defensive Philosophy

First and foremost, we will take away what the offense does best. We will stress fundamentals with great pursuit and gang tackling. At the high school level we believe in stopping the run first. This defense is flexible enough to meet a variety of offenses during the season with very little adjustment as to alignment and responsibilities. We will adjust our defense to align with our personnel on a yearly basis. We must utilize the strengths of our players in order to obtain the maximum results.

My Youth Defensive DVDs allow you to run a 6-2 and a 5-3 defense without changing positions or calls.

..11 HELMETS...ONE POOR SOUL..

Special Teams Philosophy

Special teams play must be a top priority for our program. A commitment of practice time to special teams, at all levels of our program, is mandatory. Our special teams will consist of our most disciplined and driven athletes. It will be an honor for those members to be a part of the *"SPECIAL FORCES!"*

Offensive Philosophy

FLEXIBILITY

We will utilize our personnel to exploit weaknesses in the defense. This requires flexibility to adapt from year to year, week to week, and series to series. This will be accomplished with diverse package utilizing multiple formations, only featuring what we can do well and execute to perfection.

On a yearly basis, our personnel dictates which parts of this playbook we will run. For example, one year we may not run 3 plays at all but the following year those 3 plays are our favorite ones. If we have a running quarterback then there is more emphasis on the option and sprint passing game, while other years we will do more dropback and less option.

ADAPTABILITY

During the season, you have to learn to TAKE WHAT THE DEFENSE GIVES YOU. There are certain plays that you may not run one time versus a particular opponent, then the following week run that play 20 times. This discipline and patience is very difficult to master.

MULTI-FORMATION

We also want to create favorable matchups with our multiple formation system that allows us to run any of our 23 run plays out of 20-30 formations. We had to work very hard to create a language, not a memorization system so that our players could learn all of this. Not only does this put pressure on the defense in preparation, but it gives us favorable leverage and blocking angles during the game.

SECTION FIVE: Appendix

FAST - PHYSICAL - SMART

Our offensive concept will be to use a fast paced approach using great intensity and enthusiasm. We want to sprint out the huddle and snap the ball within 3-4 seconds to not allow the defense to adjust to that formation. In addition to multiple formations, we want to use motions and shifting to further confuse that 17 year old LB who only had 3 days to prepare. This up tempo system requires mentally tough and superior conditioned athletes.

ADDITION BY SUBTRACTION

It is very easy to overwhelm your players with all the different things that this dynamic offense has to offer. Never lose sight of keeping it simple and that you may be asking your players to not only learn the offense, but they have defensive and special teams assignments to learn also. The key in the off season isn't deciding what to add to the offense, but actually making the tough decisions of what to delete.

SECTION FIVE: Appendix

By Jeff Zillgitt, USA TODAY

BELLEVUE, Wash. — A Friday night football game at Bellevue High might seem more like an evening with David Copperfield.

Sleight of hand, deception and misdirection, the hallmarks of magic, are on stage when the Bellevue Wolverines execute the Wing-T, a ball-control, run-oriented offense from a bygone era that features a quarterback and three other players in the backfield.

Although the pro-style passing game has become the favorite of most high school and college programs, the Wing-T has unwavering loyalty from a select group of high school coaches who are winning state championships and sending players to top college programs. An *American Football Monthly* survey of 2006 state champions revealed 16.8% of the respondents use the Wing-T as their base offense.

A basic Bellevue Wing-T play goes like this: The quarterback hands the ball off to the fullback. Or does he? He hands the ball to the running back. Or does he? He gives the ball to the wingback, positioned 1 yard off and 1 yard behind the tight end. Or does he?

All four backs can be used as ball carriers, blockers or for deception.

"Making the ball disappear is essential to our success," Bellevue coach Butch Goncharoff says. "When I know our offense is going good, the quarterback is calling plays and I'm 10 yards away watching the fakes — and I don't know where the ball is. That's when I know that 16-year-old linebacker we're playing is in for a long night."

Named the Wing-T because the formation loosely resembles a T, the offense has endured at the prep and small-college level in part because the deception compensates for a team's shortcomings in talent and size. When worked on so the deception is second-nature, the results can be phenomenal.

Kennedy (Burien, Wash.) coach Bob Bourgette, who has run the Wing-T on and off for 35 years, recalls the first time he faced Bellevue, a 60-7 playoff loss in 2002.

"Our kids could not find the ball," Bourgette says. "It was a completely helpless feeling. I was in total awe. We came home that night, had a staff meeting and decided to go back to the Wing-T."

Perfecting the plays requires repetition. Players need to know the intricacies of the Wing-T inside out. Assignments and plays can change at the line of scrimmage.

Goncharoff, who is 81-7 since 2000 and has won five of the past six Washington 3A state titles, loves the deception. "A good fake is worth two good blocks" is one of his aphorisms.

Blocking schemes can be complex. The backs must sell every fake. But it's more difficult to defend. Opponents don't see it often and a scout team can't run it well, making preparation difficult.

Gordon Wood ran the Wing-T when he coached at Helix High (La Mesa, Calif.), where New Orleans Saints running back Reggie Bush and San Francisco 49ers quarterback Alex Smith were teammates in 2000 and 2001. When Bush and Smith played at Helix, talented running backs clamored for the ball. The Wing-T gave all the backs ample opportunity.

"We didn't want to make kids wait and get frustrated," Wood says. "We were able to get the ball in several different kids' hands. It built camaraderie among the running backs. They knew how well they performed without the ball directly related to how well they performed when they got the ball."

What happens when a Wing-T team has a quarterback who can pass like Smith? "Alex teases me to this day that we should have thrown more," Wood says.

The Wing-T's roots are burrowed in the state of Michigan. Dave Nelson and Tubby Raymond, considered among the founding fathers of the Wing-T, learned the Single Wing while playing for Fritz Crisler at the University of Michigan in the 1930s and 1940s.

The Wing-T is a byproduct of the Single Wing, a formation where the ball is snapped directly to the running back, who then decides to hand off, pass or run. Nelson wasn't winning with the Single Wing when he coached the University of Maine in the late 1940s and created the Wing-T by necessity.

SECTION FIVE: Appendix

"The Wing-T made up for a lot of things you didn't have," Raymond says from his country home in Landenberg, Pa., 45 miles southwest of Philadelphia.

Raymond used the Wing-T and made it famous at the University of Delaware. "By hiding the ball and using misdirection, you catch up with any deficiencies you have physically," he says.

With Delaware's success, big schools wanted in on the secret. LSU won a national title in 1958 using the Wing-T, and Notre Dame did the same with the Wing-T in 1973. Eddie Robinson ran it at Grambling.

Buffalo Bills general manager Marv Levy used the Wing-T in his first year with the Kansas City Chiefs in 1978 because "we had the worst defense in the history of the National Football League" and he needed a ball-control offense. The Chiefs were 4-12 that year — but also second in the league in rushing.

"I see merit in it still," Levy says. "The best thing to run is something people don't see often. The offense mentally fatigues the defense."

Few Wing-T teams have enjoyed as much recent success as Bellevue. The Wolverines started running the Wing-T in 1980 and won their first state title in 1982. In 2004 they ended the 151-game winning streak of then-USA TODAY No. 1 De La Salle (Concord, Calif.), rushing for 463 yards and not attempting a pass. In 2005, Bellevue won 30-16 against then-No. 3 Long Beach (Calif.) Poly.

The Wing-T playbook — traps, counters and sweeps among other traditional plays — can be extensive or small. Goncharoff says he has gone an entire game using the same three plays when an opponent is puzzled.

"Pulling off the fake is the most difficult part," says senior Bellevue fullback La'Dell Carroll, who rushed for 1,239 yards and 19 touchdowns last season. "The defense is amazed when I don't have the ball. They thought they had a tackle."

During a Bellevue spring practice in early June it's a continuous pop quiz, a classroom on the field.

"The entry point is where, La'Dell?" Goncharoff says.

"First and foremost, what do you have to do, Peter?" he asks of running back Peter Ngyuen.

In a film session, instruction comes in the form of constructive — and sometimes not-so-constructive — criticism. They will watch a play two or three times before moving to the next one.

"Do you know what play we're running there?" Goncharoff asks.

A voice in the darkness says yes.

"You do? You missed the hole by 4 yards," Goncharoff says.

But it's an offense Bellevue players enjoy because of the results. It's not uncommon for three backs to rush for more than 1,000 yards in a season.

University of Washington tailback J.R. Hasty, son of former NFL defensive back James Hasty, played at Bellevue and rushed for 5,493 yards and scored 92 touchdowns, both top-five performances in the state. He is one of several former Wolverines playing college football, at such schools as Washington State, Michigan, San Diego and Yale.

The Wing-T does not scare off college recruiters. "If you are talented, the big colleges will find you," Goncharoff says.

Former Bellevue offensive lineman Stephen Schilling, who plays for Michigan, had to work on his pass blocking. Still, Michigan offered a scholarship, and he's expected to compete for a starting job this year.

"It may have hurt me a little bit," Schilling says of the Wing-T. "But for any lineman, learning how to run block or pass block at the college level is a big adjustment. It didn't take me any longer to learn how to pass block than it did my fellow freshmen linemen."

SECTION FIVE: Appendix

"Talent is talent no matter what system you play in," Rivals.com editor-in-chief Bobby Burton says. "Some systems accentuate certain players and positions. The Wing-T accentuates run blockers and good running backs between the tackles."

It's up to recruiters to determine if the player is a product of the system or a true talent. "Most times, it's pretty apparent," Burton says.

Bellevue might have it easier in recruiting than other schools that run the Wing-T. Once the Wolverines defeated De Le Salle, recruiters started contacting Goncharoff.

"Before that win, I could barely get a coach in here," he says. "After that game, every Pac-10 school, Miami (Fla.), the Big Ten schools ... we're on their visit list now."

Like magic, they appeared out of nowhere.

EX NFL QB A WING-T CONVERT

Former NFL quarterback Brian Sipe threw for career highs of 4,132 yards and 30 touchdowns for the Cleveland Browns in 1980. He would have scoffed at the notion of running the Wing-T.

"I always thought the best chance we had to win was to come off the bus throwing the ball," Sipe says.

He tested that philosophy on the high school level in his first year as offensive coordinator at Santa Fe Christian (Solana Beach, Calif.), about 20 miles north of San Diego, in 2000.

"I installed a basic NFL drop-back passing game - and got the quarterback killed," Sipe says. "We had open receivers, but our quarterback was on his rear end."

Sipe first glimpsed the Wing-T by happenstance in the late 1990s. His daughter attended San Diego's Torrey Pines High, where the Falcons run the Wing-T. He went to games to "screen the boys sitting with my daughter" but took notice of the offense.

"Frankly, I was frustrated that I couldn't follow the ball. But they ran it to perfection," says Sipe, who thought back to the Wing-T when he became head coach at Santa Fe Christian in 2001.

"We're a small school, and we could not physically man up with some of the other schools in our section. I realized our best chance to win was with the Wing-T. Kids don't care how you win. They just want to win."

In Sipe's first year as head coach, Santa Fe Christian went 12-0.

"I stumbled onto the answer for small-school football success," Sipe says. "After that first game that season, I told my wife, 'Honey, it's just like being back in uniform.' I love calling this offense. After that season I was absolutely convinced that this was the most direct route to becoming one of the top 10 schools in our section regardless of size."

Santa Fe Christian is 66-8 since Sipe took over and has won four section titles in six years.

"What I discovered is that I could beat bigger, faster teams with discipline," Sipe says.

"People always raise an eyebrow when they find out my background and realize I was slinging it around in Cleveland. I just point to the four section championships.