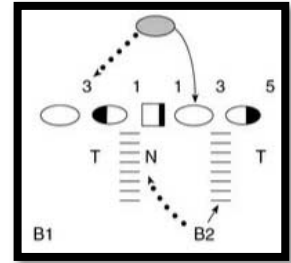
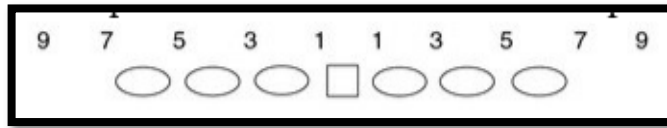


**RESPONSIBILITIES**



The first digit is the PLAYSIDE gap that he is responsible for and the second digit is his BACKSIDE gap. So “31” tells the LB he has B-gap on runs at him and backside A-gap on flow away. Outside LB only have a 1-digit responsibility.

Flopping our inside linebackers, Mike & Bull, limits the number of techniques they must learn.

**BASIC MOVEMENTS**

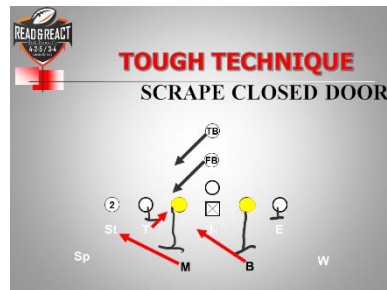
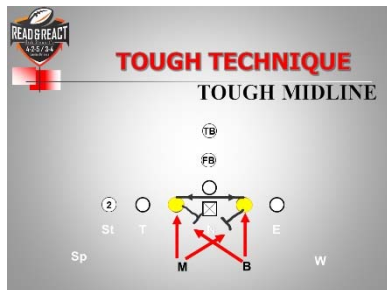
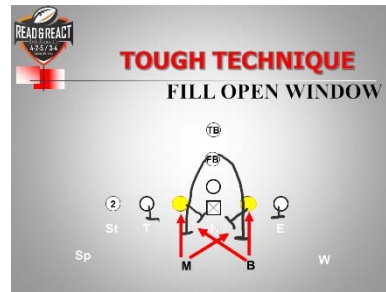
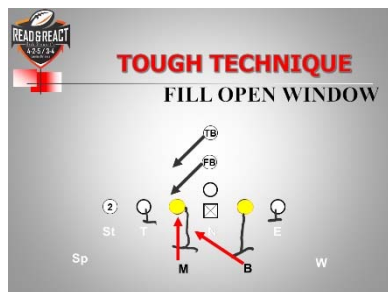
Everything we teach in regard to defeating the run involves THREE basic movements. Double teams and pullers are automatic triggers. When linemen come at the LB, then must move to secondary key of backfield flow.

Remember: **FILL OPEN WINDOWS, SCRAPE CLOSED DOORS.**

1. TOUGH: Take on blocker, back, or both coming right at you. Commonly called a fill or plug.

TOUGH MIDLINE: Opposite A or B-gap. LB has to cross the center’s midline.

- Window opens up between interior DL
- Fill or scrape past the “midline”
- Fill any void between interior DL



2. SCRAPE: Move laterally, shoulders square to playside C-gap while attacking LOS. Fit outside End.